

## Our Chosen Work

[Home](#)[Up](#)[About Us](#)[Just the Facts](#)[FAQ's](#)[Sunday Services](#)[Scheduled Events](#)[Chapel News](#)[Educational Programs](#)

*by Idara E. Bassey, Esq.*

**Work is love made visible,  
And if you can not work with love but only with distaste  
It is better that you should leave your work and sit  
at the gate of the temple and take alms of those  
who work with joy.**

For if you bake bread with indifference, you bake bread that feeds but half man's hunger. And if you grudge the crushing of the grapes, your grudge distills a poison in the wine.

And if you sing though as angels, and love not the singing,  
you muffle man's ears to the voices of the day and the voices of the night.

From The Prophet by Kahlil Gibran

Is your current work "love made visible," or more like a grueling daily exercise only to be repeated day in and day out? Since we spend so much of our waking hours engaged in some sort of work for remuneration, it only makes sense to consciously examine the choices we make in this arena.

All of us have experiences, interests, skills and talents that make us the unique expressions of the divine that we are. We all have something to offer the world that no one else can offer in

the same way. Our blessings are God's gift to us; however, what we do with our blessings is our gift to God.

Every single day that we wake up in the morning is further evidence of how much we are loved and supported by Spirit.

Marsha Sinetar in her classic work *Do What You Love, The Money Will Follow* says, "We are meant to work in ways that suit us, drawing on our natural abilities as a way to express ourselves and contribute to others."

Do we want to spend our professional lives trying to maneuver in niches that do not quite fit us, or do we want to take steps to ensure our chosen work is really desired? We may have created a situation that is not what we want professionally. There may be a difficult boss, unsupportive co-workers, or impossible demands.

We may be tempted to settle for it and say, "Well, it pays the bills." However, at some point we have to ask, "Is this enough, or do I deserve more? Isn't my life supposed to be more than just tolerable?"

Creating our ideal work situation requires rigorous self-assessment. Without self-awareness, we cannot tell Spirit what we want, much less recognize the ideal situations when they are presented to us.

Here are some issues to consider in moving toward professional fulfillment: Ask yourself, how do I want to be of service?

What values or issues are important to me in a professional environment?

What do I enjoy so much that I would do it for free?

What can I do, and how can I BE, today to ensure that my professional life incorporates my values and interests?

In summary, our work is a vehicle for the expression (and expansion) of self.

Finding our chosen work is work, but it is well worth it if it allows us to offer our best to the world, and in return to be rewarded for our offering.

---

**[Home](#) | [About Us](#) | [Chapel News](#) | [Newsletter](#) | [Feed Back](#) | [FAQ's](#) |  
[Educational Program](#) | [Just The Facts](#) |**

---

For information about the Chapel, contact us at [inquiries@takomachapel.org](mailto:inquiries@takomachapel.org)

Copyright © 1998-2002 Takoma Park Metaphysical Chapel. All rights reserved.  
Revised: January 26, 2003.